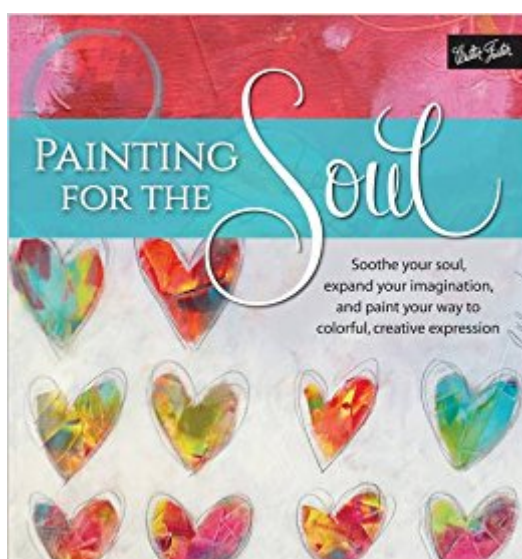


The book was found

Painting For The Soul: Soothe Your Soul, Expand Your Imagination, And Paint Your Way To Colorful, Creative Expression



Synopsis

Melt away stress and tap into your creative side. Melt away stress with the colorful, soul-soothing selection of projects in *Painting for the Soul*. Designed especially for those seeking a creative outlet that requires minimal tools and time, *Painting for the Soul* encourages personal expression through inspirational painting projects, inviting artists to embark on a therapeutic journey by tapping into their creative side. Using acrylic painting, this book takes artists through a series of prompts, exercises, and projects, inviting them to explore new depths of creative freedom and expression through pretty patterns and designs, flowers, uplifting phrases, and scenes. A basic introduction to tools and materials leads into a variety of step-by-step projects and painting techniques designed to make acrylic painting fun and relaxing.

Book Information

Paperback: 96 pages

Publisher: Walter Foster Publishing (September 12, 2016)

Language: English

ISBN-10: 1633221814

ISBN-13: 978-1633221819

Product Dimensions: 8.8 x 0.5 x 9.2 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 4 customer reviews

Best Sellers Rank: #622,504 in Books (See Top 100 in Books) #122 in Books > Arts &

Photography > Painting > Acrylics #606 in Books > Self-Help > Art Therapy & Relaxation #3349

in Books > Health, Fitness & Dieting > Alternative Medicine > Meditation

Customer Reviews

Isabelle Zacher-Finet has been living in Berlin since 2002 as a freelance artist and lecturer in painting. The works produced by this married mother of three have been featured in numerous exhibitions both in Germany and around the world. Through her seminars, workshops, publications, and YouTube channel, she has acquired a major national and international reputation.

There are 18 delightful examples of her work, each one presented in step by step format, with very detailed instruction, but there's also a personal narration that lets you follow her thought process and decide for yourself to keep following her or to start branching off on your own version of the project. My immediate favorites were Dreamy Summer Garden: It was easy to take inspiration from

her lovely. loose first-step painting of red flowers and green stems, then go my own way. Second favorite: the abstract house - a completely different take on ink drawing w/paint for me. I've always done the ink drawing first, then add the color. She starts with a composition of painted blocks of color, then inks a picture from what her imagination sees in the colors and composition. It made me reconsider a few things I've been working on! It's a happy and fun book by a serious but not stodgy artist.

Love the premise of this book. I've skipped around and have enjoyed everything that I've read.

What not to love.

meh

[Download to continue reading...](#)

Painting for the Soul: Soothe your soul, expand your imagination, and paint your way to colorful, creative expression
Oil Painting: Masterful Techniques to Oil Painting, Portrait Painting and Landscape Painting (painting, oil painting, painting for beginners, paint techniques, ... paint, portrait painting, art and painting)
Acrylic Painting: Masterful Techniques for How to Paint, Portrait Painting and Landscape Painting (Painting, Oil Painting, Acrylic Painting, Water Color Painting, Painting Techniques Book 1)
Painting: Techniques for Beginners to Watercolor Painting, Painting Techniques and How to Paint (Painting, Oil Painting, Acrylic Painting, Water Color Painting, Painting Techniques Book 3)
Oil Painting: Learn Oil Painting FAST! Learn the Basics of Oil Painting In No Time (Oil Painting Tutorial, Oil Painting Books, Oil Painting For Beginners, Oil Painting Course, Oil Painting) (Volume 1)
Acrylic Painting: The Complete Crash Course To Acrylic Painting - Painting Techniques for: Still Life Painting, Landscape Painting and Portrait Painting
Acrylic Painting: The Complete Beginners Guide To Learning The Basics Of Acrylic Painting (Acrylic Painting Tutorial, Acrylic Painting Books, Painting Techniques)
Painting on China: What to Paint And How to Paint It; A Hand-Book of Practical Instruction in Overglaze Painting for Amateurs in the Decoration of Hard Porcelain
Paint Mojo - A Mixed-Media Workshop: Creative Layering Techniques for Personal Expression
Chalk Painting Furniture Made Easy: Learn How to Paint Furniture With Chalk Paint And Become An Expert In Less Than 24 Hours!
Coming Alive: 4 Tools to Defeat Your Inner Enemy, Ignite Creative Expression & Unleash Your Soul's Potential
Colorful Blessings: Words to Love By: A Coloring Book of Faithful Expression
Oil Painting for Beginners: Learn How to Paint with Oils - An Essential Guide to Oil Painting Techniques, Tips, Tools, and Supplies
German Shepherd - Coloring

Book Vol 12: Adult Coloring Book that Will soothe Your Soul German Shepherd Â Coloring Book Vol 4: Adult Coloring Book that Will soothe Your Soul Paint Red Hot Landscapes That Sell!: A Sure-Fire Way to Stop Boring and Start Selling Everything You Paint in Oils The Graphic Designer's Digital Toolkit: A Project-Based Introduction to Adobe Photoshop Creative Cloud, Illustrator Creative Cloud & InDesign Creative Cloud (Stay Current with Adobe Creative Cloud) Bullet Colorful Journal: Bullet Grid Journal Colorful Polka Dots, Square (8.5 x 8.5), 150 Dotted Pages, Medium Spaced, Soft Cover (Vintage Dot Grid Journal Square) (Volume 1) Daily Painting: Paint Small and Often To Become a More Creative, Productive, and Successful Artist Pastel: Basics: Learn fundamental techniques for using this fun and colorful medium (How to Draw & Paint)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)